

"MY INCREDIBLE AND INSPIRING STORY"!

MY ZERO

- Tragic Abusive Childhood
- Poverty
- Drugs and Alcohol
- High School GPA of 1.2
- Unexpected Pregnancy with NO Income
- Low Self-Esteem
- Low Self-Worth
- Depression

TO HERO STORY

- Met a Mentor
- Graduated from College
- Raised 3 Wonderful Children
- Started My Dream Career
- Created a Better Life for Me and My Family
- Became a Mentor

READ MY STORY AND TRANSFORM YOUR LIFE!



Hello and Welcome!

My name isTheresa and I feel I need to behere to share my story with you on how..... I was doomed from the beginning for failure…..

How I endured a life of abuse and neglect as a child, nearly failed in school, graduating with a 1.2 GPA, got mixed up in drugs and alcohol, and amongst the chaos, got pregnant.

I was a mess!

Then, because of the grace of God, I had a chance meeting with a kind woman, who I call my first Mentor in life. During our brief encounter, she encouraged me to be brave and believe in myself. So,I did.

From here, it began for me, taking one brave step and not looking back!

This is my ZERO to HERO Story!

I am so glad you are here....to hear my triumph against the odds.

I hope you will be inspired to be brave and believe in yourself!

I believe that something has brought you here today.

YOU are meant to be here .... to hear my story.

My Story & How I Succeeded:

Against All Odds and Obstacles!

When I was born, my family was poor, so we lived with my Great-Grandmother.

I thank GOD for this!

My Great-Grandmother was the only person in my life who truly loved me. She doted on me, and adored me, and even nicknamed me “Theresa bug”.
Then my father found us a place for us to live in a low-income neighborhood. It was in a neighborhood where crime prevailed, and poverty flourished. It was scary, even though I was young, I remember when someone broke into our home one night and I remember my Mom, crying at night when my Dad went to work because she was afraid to be alone.
Soon after that my Dad landed a steady paying factory job and we moved to a suburb, a small community outside the big city. It was a very small home but in a safe neighborhood. This was to be the beginning of our **new family life**.



However, soon after we moved in, all I remember was my parents fighting all the time about money. My Dad worked, and my Mom spent all his money, so it seemed like we were still poor.

My Dad was an alcoholic, and my Mom was always sad and wallowed in self- pity for herself because she was overweight and very unhappy.
I remember her always threatening to leave us, which made us kids feel insecure. She even tried to commit suicide, I know because I found her with her wrists cut and bloody.

Through all this I used to go stay with my Great

- Grandmother at times, as she continued to love and dote on me. But then when I was eight, she died, and I was left with parents who did not show me the same love and adoration I had come to know with my Great Grandmother.

When I was age 12, my parent's marriage ended in a very bitter divorce, full of hatred and anger towards each other. It was then when my Mom's mind snapped and changed under the stress and pressure of being poor and raising four kids on her own with no job. She began beating me, sometimes so severely with a belt buckle, I could not attend school because I was too bruised and sore. From here my childhood was riddled with mental, emotional, and physical abuse.

And where was my Dad you ask?

Well, he became a worse alcoholic and married a woman who did not like us kids.

Yes, relatives and neighbors knew about what was going on with me, but everyone was so afraid of my Mom because she could be evil at the drop of a hat.

Oh, and the neighborhood women hated her because she also flirted and tried to get their husbands in bed with her. It was so embarrassing and degrading!



The horror stories continued, as I was still being abused at the age of 18.

But thankfully the time came where I could escape.

I was finally able to break free from the chains, sort of speak, and move out 2 weeks after I graduated. I was a mess, I graduated with a 1.2 GPA, had low self- esteem, low self-worth, scared, and scarred. It did not take me long before I got into a life of drugs and alcohol and got pregnant. Then, low and behold,

I ended up marrying the father of my daughter and guess what? I ended up marrying someone who was just like my Mother and Father. He was not physically abusive but VERY verbally abusive, and an alcoholic like my Father, which affected me almost just as badly. So, I was still in a world of low self- esteem, low self- worth, and being abused.

We then moved to the country where his Grandmother bought us a 2-bedroom mobile home on one acre of land.



I was a stay- at- home Mom because a part- time fast food job was all I could get in our small town, and it was not enough to pay for a babysitter and gas to travel back and forth from way out in the country to town for work.

So, I was a stay-at-home Mom, and was happy because my daughter brought me so much joy, and happiness.

I doted on her night and day, like my Great-Grandmother did with me! However, as time went on, I began to become restless, bored, and feel unfulfilled, even though I had the greatest joy of my life, my daughter. A part of me yearned for something more. I was conflicted and confused. Was I no longer happy being a Mother, was it my marriage, did I want a divorce?

The feelings I was having made me feel so guilty, and I became more and more depressed, and cried often. I would cry at night in silence when everyone else was asleep. This went on and on…with me slowly losing interest in my day- to- day activities.

Then one day, I saw an ad in the newspaper, about a **“Women’s Day” event** being held at a community college one town away from me. It said I could get FREE makeup, so I was all in! Free makeup for a woman without an income, was a win-win!

I was so excited and could not wait to go!



THE DAY MY LIFE CHANGED FOREVER!



As I arrived, I noticed it was a nice community college set in the country, with beauty all around. The room where the event was taking place was not huge, and had many tables set up. I then noticed there were tables set up around the perimeter of the room with just one woman setting at each table. I glanced around for the free makeup but was being pulled towards the tables out of curiosity. I was intrigued as I began walking past the tables.

Then I heard a very nice, quiet, soft voice say to me, would you like to sit down? Being curious and not wanting to seem rude, I sat down at the table, across from her.

As she began talking, I found myself listening, very intently. The woman began telling me about her career, how she got started, and what brought her to make a decision to go to college and seek a career. I listened in awe, as she preceded to tell me, how she too was a stay-at-home Mom and how she was also restless. She started talking about me going to college too and of course, with my low self-esteem, I immediately said out loud.

"Oh, I could never go to college!" I was too embarrassed to tell her that I was dumb and a nobody, like I thought. She told me how scared she was too and told me how I could just start with one class and see how it goes (she knew I would be hooked).

Is college the answer?

Then she said one thing to me, that convinced me that I wanted to at least give it a try. She said that time is going to pass by no matter what I do, and I could either be where I am at right now in the future, or have a college degree, and a career, and making a better life for my family in the future. Either way, time is going to pass, and it's up to me to decide what to do with that time.



Just then, a light bulb lit up inside of myhead, andI thought I to myself,

Could this be what I am looking for?

Could this be what I need in my life?

But I don't know, am I too dumb for college? By then, a line had begun forming behind me, and thinking that I had already taken up so much of her time, I warmly thanked the woman for her time, and we said our goodbyes and best wishes. I then felt an odd pull inside me that was stronger than any other feeling, stronger than the feeling of being scared, dumb and a nobody. Next thing you know, I was making my way over to the Counselor's office.

When I got home that day, I walked through the door with a bag of books.
My husband said to me, "that looks like a lot of makeup". I just looked at
him and said, in an apprehensive but strangely proud voice,

I guess I am going to college!



MY FIRST CLASS IN COLLEGE:

It wasn't until I had taken my first test in college, and the professor was passing back our graded tests, did my mindset begin to change.
As he handed me the paper, I glanced at it and saw an "A" marked on it", and without a second thought, I immediately handed it back to him, and said, "I think you gave me the wrong paper". He took the paper from me, looked at it and said, **"Are you Theresa Simons?"** I swallowed and said "yes', then he said, "well then this is yours". I was utterly shocked as I looked at the grade, a chill cameover my body. My mouth literally hung open. I just couldn't believe it, dumb old ME, took atest and didn't fail!

Afterall I was used to failing, that's all I had known.

What made this moment extra special for me was I knew the Professor had witnessed the epiphany I had just gone through, because he gave me a big smile and congratulated me. It was at that very moment, that a small glimpse of hope came over me, as I thought, **"WOW"** maybe I can do this… maybe I am not as dumb as I think. Is this the proof I am looking for to change my life for the better?



From this day on, I started gaining, one baby step at a time, more confidence and belief in myself. And as I began believing in myself, getting more good grades in other classes, I had begun to love and respect myself, one day at a time!





Now after taking more classes and succeeding again:

I began to make plans and take action:

First, I thought about what my objectives were (what is important to me)

- I wanted to do something that would help my family's financial situation to get out of a poor life.
- I did not want to commit to a job, because wanted to be a stay-at-home mom when my kids were little.
- I wanted to have the freedom to be at home when my kids were were sick or teething, or go to the doctor or dentist.

But I also wanted:

- to do something in my life to help me with my restlessness and feeling depressed.
- I wanted somethingto nurture me an individual, to have some way for me to grow, and develop, alongside being a Mom and Wife.

So, I brainstormed and came up with an idea:

- go to college when my husband was home to prepare for me for a good paying job, then go to work when the kids were in school all day.
- I would go to the community college, part-time at night, while my husband was home, so the kids could be with a parent when I'm away in class.

I then I put this idea to the test -

(wouldit meet both my objectives andwhat I wanted for me as an individual?):

- ☑ I could be a stay-at-home mom.
- ☑ My children would be with a parent at home when they were sick, or teething.
- ☑ I would be doing something to nurture me as an individual.
- ☑ I would be working towards getting us out of the poor life.

Conclusion:

I set out on my journey, got financial aid, worked hard, stayed organized, dedicated myself to my studies, celebrated my wins with my family, and before I knew it, I had graduated from college!



Quick Overview of What I Ended Up Doing:

1. Went to college part-time at night at the community college,while my husband watched the kids and put them to bed.
2. Started with just ONE CLASS.
3. Started taking more than one class at a time.
4. Planned on getting a two-year associate degree at the community college.
5. I ended up transferring to a University and going to college full-time during the day, when my kids were in school all day.
6. Graduated from the University with a Bachelor of Science degree
7. I got a job in a field I love and enjoy.
8. Brought financial security to my family
9. Most importantly, made a better life for my family.

MY SPECIAL THANKS TO MY FAMILY:

- When I got my first paycheck, I stopped at the store on the way home from work and bought my kids a Nintendo Game System to reward and thank them. They had wished for one someday.

- I bought my husband a complete three-piece suit, with shoes and tie, something he had always WANTED! I wanted to thank him for his support and encouragement while I was on my journey. I feel since he had come around to my side, and helped me out, it was his journey too!



I remember the day I graduated, as if it were yesterday! I had been dreaming of this day and couldn't believe it was finally here! The realization was setting in.

IT ALL STARTED WITH MEETINGA KIND WONDERFUL WOMAN WHO ENCOURAGED ME TO DREAM.AND I DID!

I DREAMED....SET A GOAL....DEDICATED MYSELF TO ACHIEVING MY GOAL....

AND MY DREAM HAD CAME TRUE!

I was so overwhelmed, elated and overjoyed on this day, and was also in awe with myself, that I, a Mom with three children, had gone from being scared and doubtful, to walking down the aisle to receive a college diploma.

It was an incredible day!

And even though I was excited about this incredible day, I also had a small sense of a sadness, because along with saying "hello" to my new beginning, I was saying goodbye to professors and other students, who had also been around during my journey and transformation. I will fondly remember them.





"Actual photos of me ..... Theresa L. Simons"

MY INCREDIBLE GRADUATION DAY CONTINUED

My awesome graduation day continued with a celebration, with me and my children, and my husband, who had miraculously come around to my side. He witnessed me go after my dream and work diligently, to get it. And along the way, he had experienced growth himself, and now showed respect towards me. He treated me better than ever. He was now excited about the better life we were now going to create for our family.

- Other people celebrated with us; our relatives, and my friends that were still in my life.
- Because you see, as you grow and become the new "awesome YOU", you lose some people along the way, people who tried to be a negative influence throughout your journey, or people you used to associate with that perhaps did drugs or lived a certain way that you did want to be a part of anymore, and sadly, you may even lose people who just could not handle your success!

As my college celebration came to an end and the kids and husband were all in bed, I decided to take a long, hot bath, with wine and candles, something that I had not been able to enjoy as often as I wanted due to my commitment to my school studies.

I smiled at the thought of the new adventure in front of me now, and the possibilities.



Before we continue...I want to share something with you:

THE MOST AMAZING THING THAT HAPPENED TO ME WHILE I WAS IN COLLEGE:

While in college, not only did I work towards and get my invaluable college degree, but I evolved and grew myself into a better, stronger, more confident woman along the way. I was no longer the timid, scared, unsure person I used to be. I also had come to love and believe in myself, and finally feel good about me.

I was no longer weak.

No longer afraid to put myself out there.

No longer afraid to make decisions.

No longer worrying about my future.

I had become unstoppable.

I often tell people that I did not really grow up until I went to college!



WHY AM I HERE TELLING YOU MY STORY TODAY

For 2 reasons….

The first reason I am here todayis to show you that no matter what hand you were dealt with in life, where you are right now, how shy, scared, or damaged you are, whether you were successful in high school ornot, you have the power to control your future.
You have the power to DREAM! One famous motivational specker once said:

NO matter who you are or where you are…

EVERYONE has it in their power to DREAM!

EVERYONE has it in their power to TRY!

NOW LET'S TALK ABOUT "WHAT IS A DREAM"?





DEFINITION OF A DREAM:
A CHERISHED ASPIRATION, AMBITION, OR IDEAL

I had always thought that dreams were just dreams. I thought dreams only came true for people who were smart, beautiful, athletic, born to fortune, or just plain “lucky.
And besides who was I to think dreams could come true for me. I barely graduated high school, and was not beautiful, smart, athletic, and definitely not born to fortune.
But then with a nudge from my first mentor and my willingness to **TRY!**

The more I thought about my dream future, and how much I wanted to create a better life for me and my children, **the hungrier I became.**

I began to want it so **badly,** that all the questions I had been asking myself to try and talk myself out of it, all of a sudden did not matter, questions like:

How can I afford this? How can I do it with children? How will I find time to study?

How will I pay for it? Am I smart enough?

All that mattered now, was that I had become determined to make my dream come true!

NOW LET’S GET YOU DREAMING: Click on and gain access your dream journal here → DREAM JOURNAL

Click on and access inspirational music to journal by:

→ **MUSIC**



Now that you are now DREAMING about YOUR future…

I want to help you reach your dream by showing you the way. I want to provide you with the steps, guidance ,and actions that I took, and you need to take,
to start and succeed in college, as a mom raising children.

I am here to be your Mentor who nudges you!

I have taken all my experiences and successes, ups and downs, and created a guide that will show you the path to take, all the way, from where you are right now, sitting on the couch, in the car, or lying in your bed...

To walking proudly down the aisle to receive your college diploma.

To become a more confident, stronger, more dynamic woman, equipped with unwavering confidence, and prepared to conquer your future!

If you are still not sure if college is the route you want to take...

Watch this inspirational video of a Mom of two children in college..

ClickHere!



Now, I want to tell the second reason I am here today….

Remember when I told you how my journey all began with my meeting a woman at a "Women's Day" Event, whose kind soft nature inspired me to dream, and be brave to take steps to make a change in my life.

Well, now I am here to be your first Mentor!

To inspire in to take control and make your future whatever you want it to be. If I can help just one person, find success, then I will feel as though, I have paid it forward, and feel I have paid homage to that wonderful, kind women, my first Mentor, who I attribute my success to.

Remember what else she told me....

> **"Time is going to pass no matter what you do. You can either be where you are right now in your future, or have the future of your dreams"!**

I Had NO Guiding Light!

I Had Nobody to show me theway!

When I went to college, I had no GUIDING LIGHT! I struggled to figure things out on my own, what to do when, what to do next. I had to figure out how to pay for college, how to study and succeed with children to care for.

Through trial and error, I did figure things on my own, I had always wished I knew someone, like me, that had done this before, that I could get advice and guidance and encouragement from. It would have made things so much easier for me if I knew what to do and when to do it.

It could have saved me so much time, stress, and money.

But I am here for you now! I want to be your mentor to inspire and show you the way!

I want to be your GUIDING LIGHT!



I want to be your guiding-light and show you how you can be a success in college, while managing a family....just like I did!

To help you, I've taken every part of my journey—the struggles, the wins, the ups and downs, the breakthroughs—and turned them into a powerful 7-Module Guide designed specifically to help Moms succeed in school while caring for their families, like I did!

I know firsthand what it's like to juggle assignments, parenting, and household responsibilities, and through trial, error, and perseverance, I discovered what truly works.

This guide is built from my lived experiences, practical tips, time-saving tricks, and mindset shifts that helped me stay on track and thrive.

It's not just information—it's a step-by-step support system tailored for Moms determined to reach their goals without sacrificing their role at home.



WHO THIS GUIDE IS FOR:

This course is specifically designed for complete beginners:

- **Mothers with children who have never been to college before.**

Moms looking for a career change.

Moms looking to advance in their current career.





Also great for:



To learn more about this inspirational guide that could change your life!

Click Here





MOMS DREAMS COME TRUE!









Now it’s time to create
YOUR
own success story!



I am ready to be
Your Mentor!



FREE Phone Call with me on Calendly!

Ask questions

or

Introduce yourself!



I look forward to seeing you
in the Zoom Calls
&
The Facebook Group

